



HEALING QI FLOW WITH SAI CALDER

PRE-ARRIVAL

Thank you for your booking. We can't wait to welcome you to The Yoga Barn!

Here is some information for your retreat:

Check-In: Please check in with our guest experience team at the main reception. If this is your first visit to The Yoga Barn, our team will assist you with a brief tour.

Check-In Envelope: You will receive a check-in envelope containing:

CLASS PASS

Your retreat includes 5 class passes. You can choose any class from our regular schedule, or our facilitator may recommend some classes during the check-in session. You can either turn up and register directly at our main reception 30 minutes before the class starts or pre-book the class with our retreat team or receptionist.

RETREAT CARD

Your retreat includes daily juice and a lunch set (1 food item and 1 beverage) at our Garden Kafe. Please present your retreat card before you order to our staff to redeem the juice and food from our retreat menu.

DISCOUNT CARD

You will receive a 10% discount for any purchases at our Garden Kafe, Wellness Centre, and Night Events during your retreat.

YOGA BARN ONLINE ACTIVATION

You will receive a unique code to activate a 3 month Yoga Barn Online subscription. The code can only be redeemed once. To activate the subscription, sign up and enter your details, including credit card information and the unique code.*

*) Please note that the first 3 months' subscription fee is waived by The Yoga Barn as part of your retreat. After this period, you will be automatically charged for renewal. If you do not wish to continue the subscription, you are welcome to cancel it at any time.

Should you have any questions or concerns, don't hesitate to contact our team.

The Yoga Barn Team

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