

# BLISSFUL PRE-ARRIVAL

Thank you for your booking and we cannot wait to welcome you at The Yoga Barn!

**Here are some information for your program:**

## CHECK-IN

Please check-in with our Guest Relation team at the main reception and they will hand out all the things you need for your retreat. If this will be your first visit, they will also assist you to do small touring around The Yoga Barn.

Inside the envelope there will be:

- **Lunch & Juice**

**1-Day Blissful:** Your package includes a juice and one lunch set during the day. Please show your discount card to the cashier when ordering.

**3-Day Blissful:** Your package includes one daily juice and lunch set each day of your retreat. You will receive food vouchers and a Juice Card. (Please always present the vouchers when ordering.)

*The juice can be collected at our Juice Bar counter and the food could be ordered & enjoyed at our Garden Kafe. (Please show the card to the cashier to redeem your items.)*

- **Discount Card**

You will get **10% off** for any purchase at our Garden Kafe, Wellness Centre, KUSH spa and Night Events during your retreat.

## YOGA / MEDITATION CLASS

To join the yoga/meditation class you can turn up and register directly at our main reception 30 minutes before the class starts or you can come to our main reception and book the class that you wish to join. You can mention your name or show your class card.

**1-Day Blissful:** You are entitled of 2-class card.

**3-Day Blissful:** You are entitled of 5-class card and will receive a physical card.

*Should you need any assistance in interim, do not hesitate to contact our team!*